



**Block of the
Month Club**

• **AUGUST 2026**

quiltmuseum.org/botm



Lovely Bouquet by Becky Glasby

Block Designer



Follow Becky Online!

Instagram:
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Becky Glasby is a self-taught quilter who turned her love of quilting from a personal hobby into a professional career at the National Quilt Museum.

At NQM Becky works to inspire the next generation of quilters and promote the art of quilting through: youth & adult tours, hands-on programs, community collaborations, Summer Quilt Camps for kids, the Block of the Month Club program, and coordinating the annual School Block Challenge.

Becky had a solo exhibition of her quilts at The National Quilt Museum, and has exhibited several quilts in shows across the country.

Lovely Bouquet



Perfect as a housewarming, as congratulations for any big achievements, fresh from the garden, or to bring a smile to your face, a bouquet of flowers can be just the right way to celebrate. This month, it's a cut-your-own bouquet! Put together using Broderie Perse, a style of appliqué dating back into the 1700s, where larger motifs are cut out of one or more fabrics, and then rearranged to create new scenes or groupings on a new background.

We'll cut and raw edge machine appliqué these in place, but you have the option to use fusible for the shapes instead if you prefer. Low on floral fabrics? Look for abstract or geometric shapes that could become a new type of flower in your bouquet.

Materials

Fabric

Background - 2 colors

1 - 17" square from each of 2 background fabrics

Flowers - mix of fabrics with floral or leaf shapes, motifs, or similar designs

Stems - Green ribbon or trims like ric-rack or lace, or green fabrics

Tweezers

Small, sharp scissors

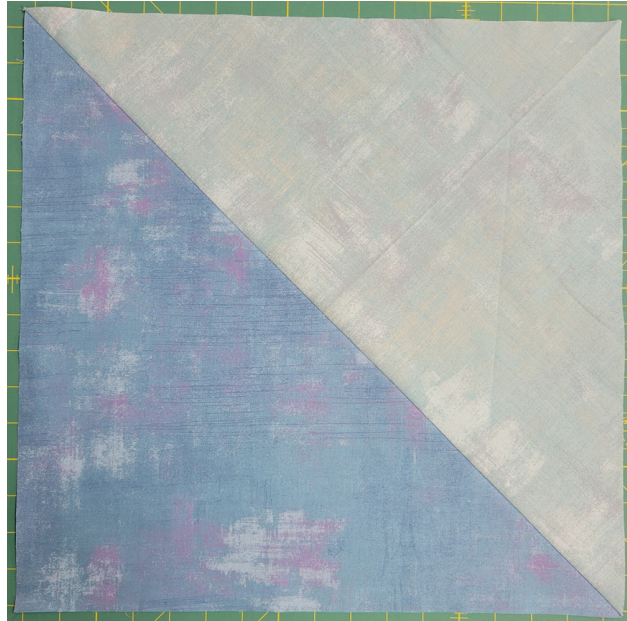
Glue stick - optional

16" x 16" square of lightweight fusible interfacing/stabilizer to add stability for the machine appliqué - *I used Pellon Shape Flex 101*

Fusible - optional -to use on flower motifs or stem fabrics. If using fusible, you can skip the interfacing.

Directions

1. Cut each background square in half on the diagonal. Piece together one half from each color along the diagonal edge to create a large Half Square Triangle.



2. Center the stabilizer on the back of the HST. It should be a little smaller in size, so it doesn't hang over the edges of the block. Once in place fuse it with the iron.



Directions

3. Carefully cut out the shapes, flowers, leaves, or other motifs that you want from your fabrics. You can also cut your own flower shapes from any fabric you like to add variety.

If you'd rather fuse all of the flowers & stems onto the block instead of machine appliqué, add the fusible to the back of your fabrics before cutting out the shapes & motifs.



4. Start arranging the shapes to create a bouquet of flowers on the block. Nature isn't perfect, so don't worry if there's an uneven edge on your shapes. Play with layering and tucking edges underneath other shapes. Tweezers come in handy here, as does a camera to keep track of your design.



Directions

5. Once you have some of the design decided, pin several of the larger/main shapes in place. Remove the smaller shapes that sit on top of the stems for now.

6. Cut your ribbons or fabric strips to create the stems. Carefully tuck these under the flowers and when satisfied, pin the stems in place. I trimmed the bottom ends of the stems short so they would not end up in the seam allowance of the finished block.



Directions

7. Stitch from the bottom most layer to the top layer with a coordinating thread to sew the stems into place. Straight stitch, or zig-zag works great here. Start and end your stitch with a lock or back stitch to secure the stems.



8. Take your time. If necessary, reposition stems, or go back to add shapes back onto the block to determine where the next stem needs to be pinned before stitching it in place. Pin back any of the large flower shapes that will sit over the stem so they don't get caught while stitching.



Directions

9. Once the stems are in place, add some of the bottom layer flowers back onto the block. Reposition and re-pin as needed with these shapes. If the shape is too small for a pin, try a dab of gluestick to hold it in place while it is being stitched.



10. Stitch around the edges of these shapes to secure them with your preferred stitch. In the image above, the leaf was sewn down first, then the small blue circle. The larger pink flower is folded back to be out of the way. Once the bottom pieces are sewn, smooth and stitch the top flower.



Directions

11. Work one section at a time to add bottom layer shapes, pin or glue those in place, then stitch them down. Repeat with each layer of shapes in the design.



12. Continue to add shapes, adjusting the design to fill in the bouquet.



Directions

13. Once all the pieces have been stitched in place, square the block to measure $16\frac{1}{2}" \times 16\frac{1}{2}"$.

