

# Puzzled Mountain

inspired by artist Laura Loewen

Quilt by: Laura Loewen





## Featured Artist: Laura Loewen

Laura Loewen



Laura is a modern quilt artist, pattern designer, and quilt educator. She takes inspiration from her diverse arts and creative background, as well as from traditional quilt blocks, freeform improv design, and painterly color placement. Her quilts fall into a postmodern design space with maximalist qualities.

Laura's award-winning quilts have been shown at galleries and museums, including the National Quilt Museum, and international competitions and exhibitions. Her work has been published in *Simply Moderne*, *Curated Quilts*, *Quiltmaker*, *QuiltCon Magazine*, and more. Laura resides with her family in Boulder County, Colorado.

**Website:** [www.QuiltFortCompany.com](http://www.QuiltFortCompany.com)

**Instagram:** [@QuiltFortCo](https://www.instagram.com/QuiltFortCo)



# Sample Block



Sample by: Laura Loewen



# Supplies

The Puzzled Mountain quilt block is designed as an interpretation of a traditional Rocky Mountain Puzzle block. This block can be made from just 3 fabrics/colors. However, to achieve a maximalist, scrappy look I suggest using a variety of fabric scraps in either a warm-cool or a light-dark contrasting family. The sample block was made using a warm-cool contrasting, maximalist color family. See Color Selection on page 5 for alternate options.

- Please read through all instructions before starting.
- All seam allowances are 1/4" unless noted otherwise.
- Fat quarter (FQ) is assumed to be 18" x 20"
- Fat eighth (F8) is assumed to be 9" x 20"
- HST = Half Square Triangle
- HRT = Half Rectangle Triangle

## SUPPLIES

FQ Fabric 1, or cool or dark; for background  
FQ Fabric 2, or warm or light; for accent and center  
F8 Fabric 3, or cool or dark; for inner frame  
*(Or scraps equivalent to cutting instructions piece sizes.)*  
15" square backing fabric  
15" square batting  
50 wt thread for machine quilting  
Perle Cotton size 8 or 12 wt cotton thread for hand quilting  
Crewel/Embroidery Needle size 3, 4, or 5 for hand quilting  
Printed HRT Templates

## CUTTING INSTRUCTIONS

Label as pieces are cut.

From Fabric 1, or cool or dark scraps; for background:

**A** - 3" x 3"

**B** - 3.5" x 4.5"

**C** - 4" x 4"

**D** - 4.5" x 5.5"

**E** - 3.5" x 4.5"

**F** - 4.5" x 5.5"

**G** - (3) 1.5" x 3.5"

**H** - (2) 1.5" x 2.5"

**I** - 3.5" x 3.5"

**L** - (2) 2.5" x 2.5" for 3-color block or NONE for Maximal / Scrappy block

From Fabric 2, or warm or light scraps; for accent & center:

**A** - 3" x 3"

**B** - 3.5" x 4.5"

**C** - 4" x 4"

**D** - 4.5" x 5.5"

**E** - 3.5" x 4.5"

**F** - 4.5" x 5.5"

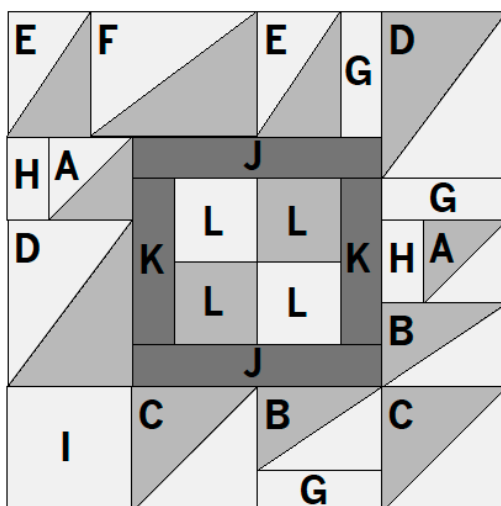
**L** - (2) 2.5" x 2.5" for 3-color block or (4) 2.5" x 2.5" for Maximal/Scrappy block

From Fabric 3, or cool or dark scraps; for inner frame:

**J** - (2) 1.5" x 6.5"

**K** - (2) 1.5" x 4.5"

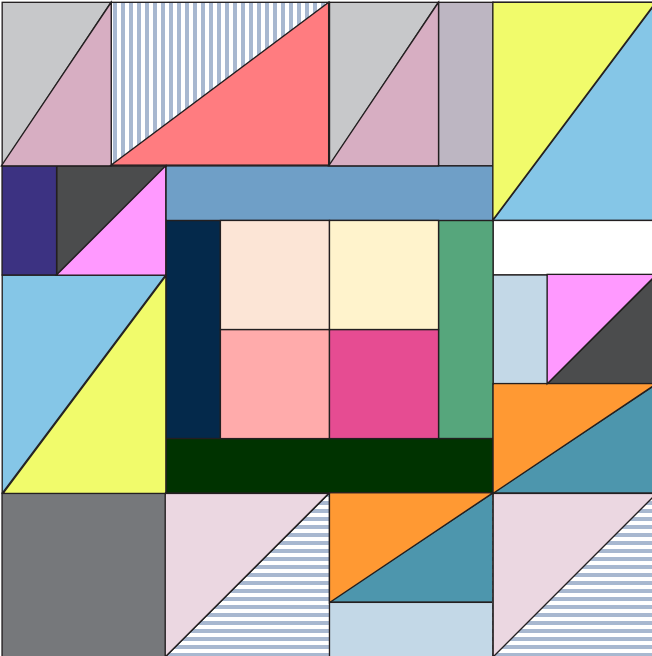
BLOCK DIAGRAM



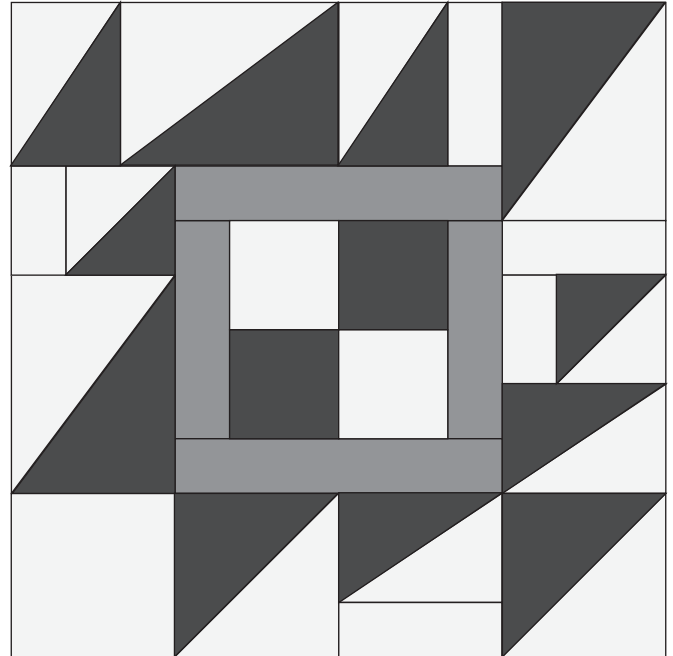


# Color Selection

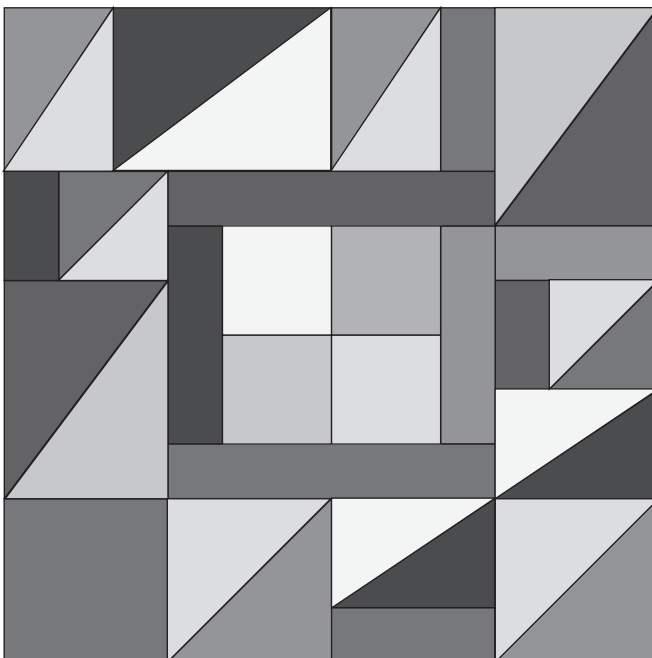
**Warm-Cool Maximal (Sample)**



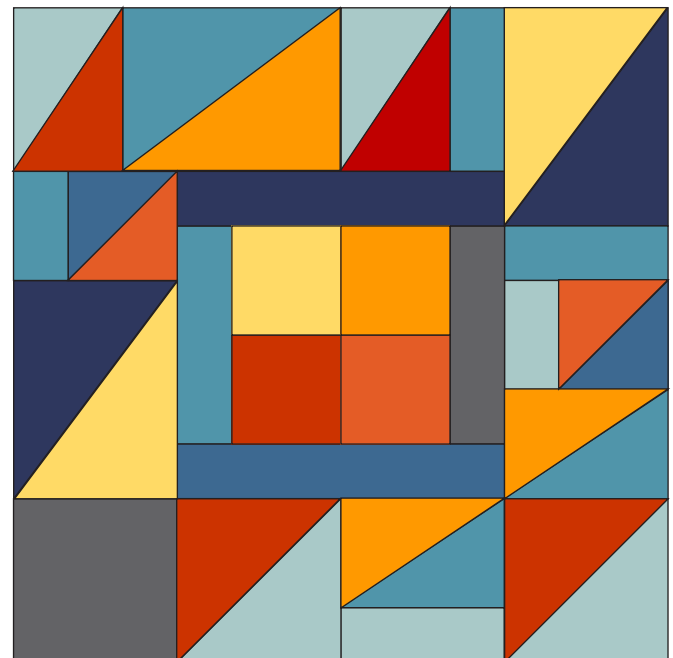
**3-color**



**Dark-Light Scrappy**

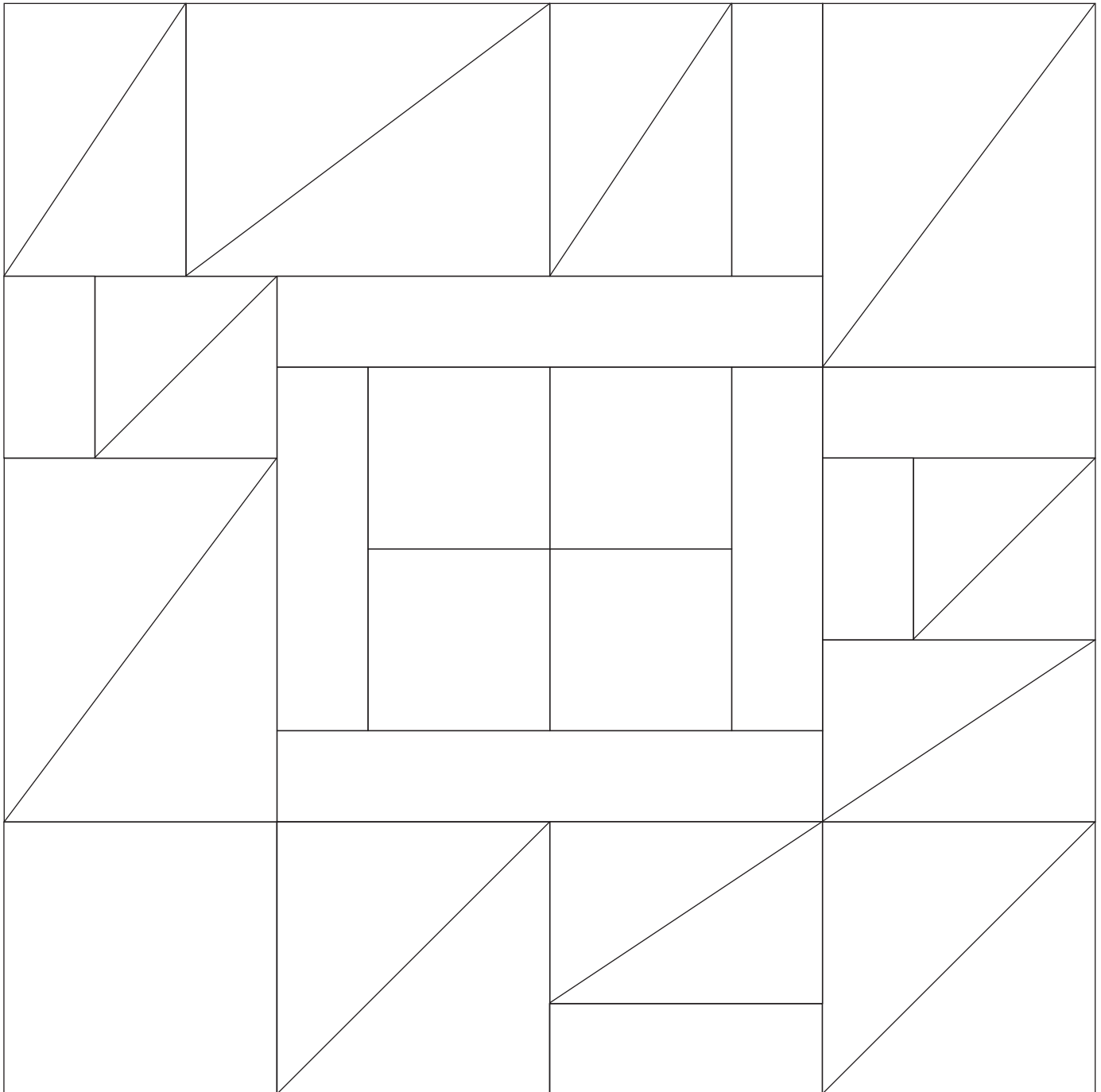


**Warm-Cool Scrappy**



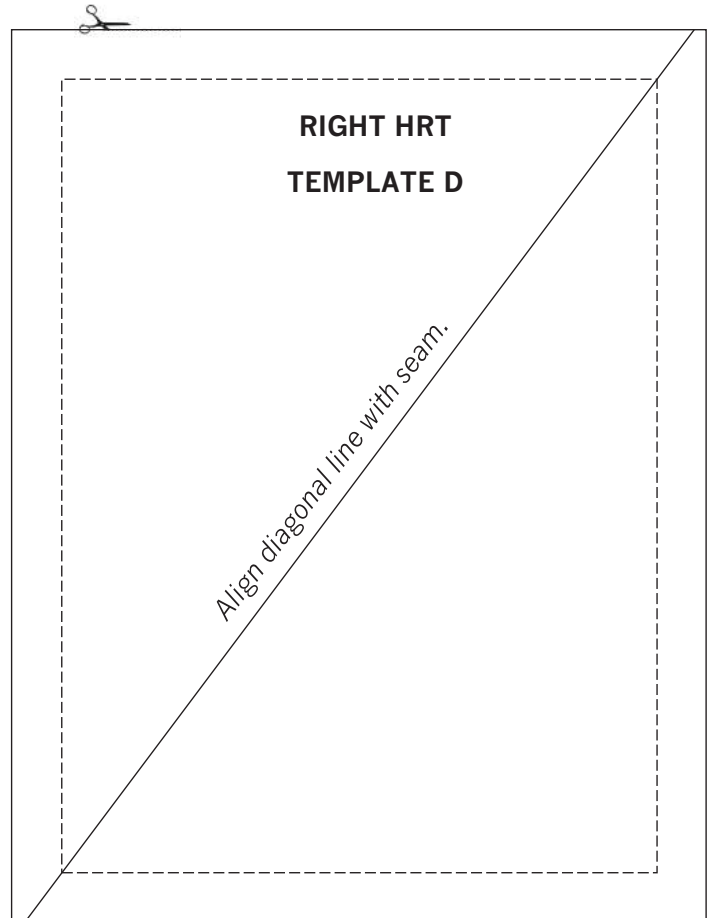
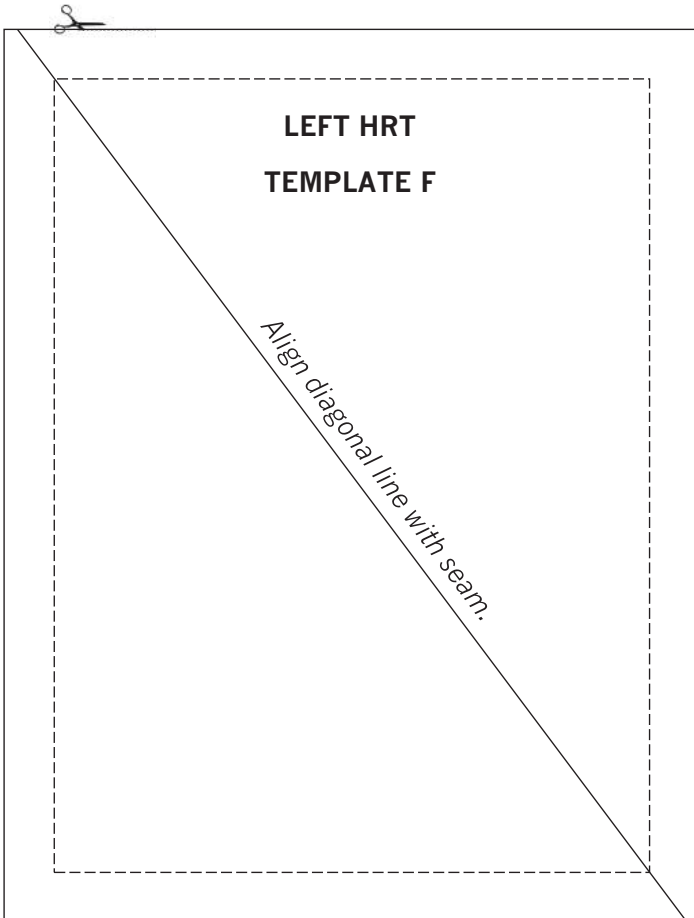
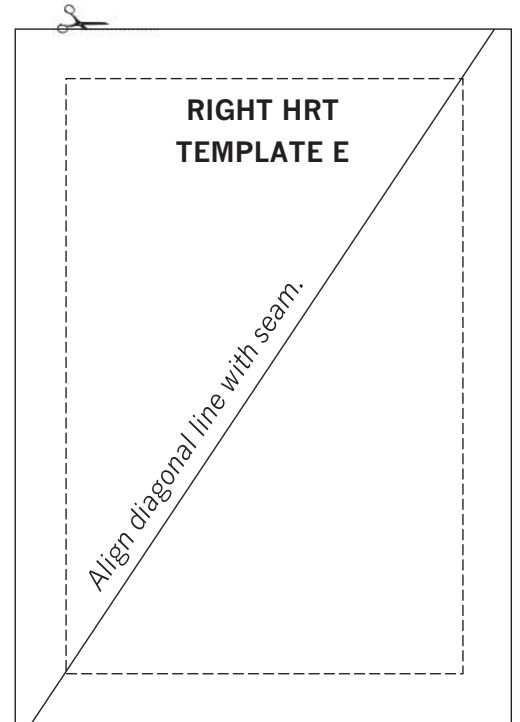
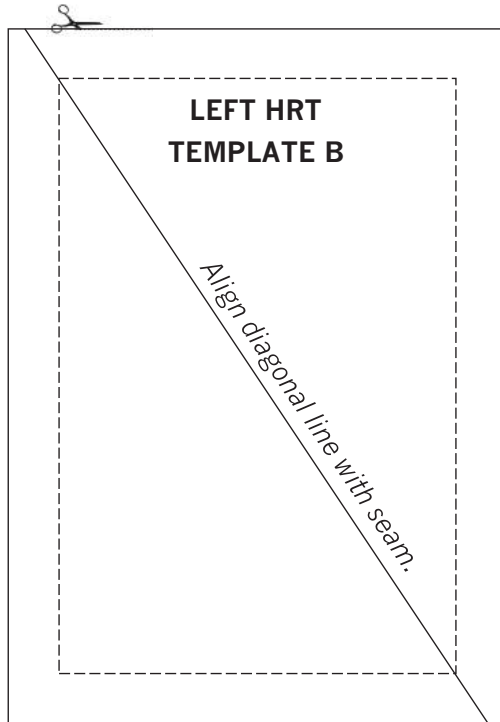
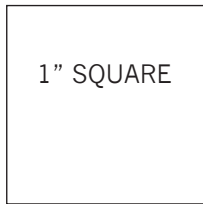


# Coloring Sheet





# Templates







# Instructions

Photo 1

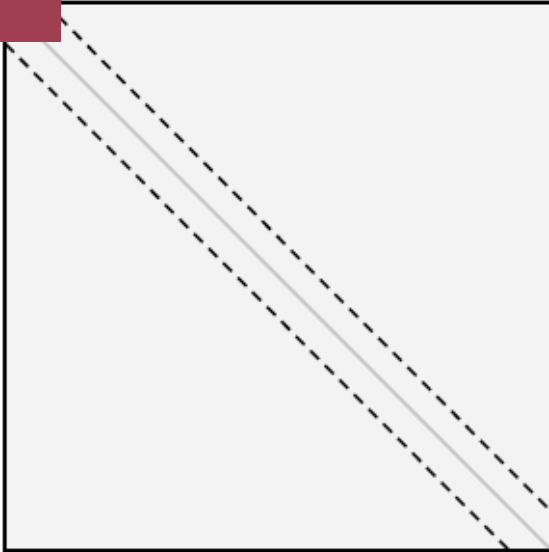
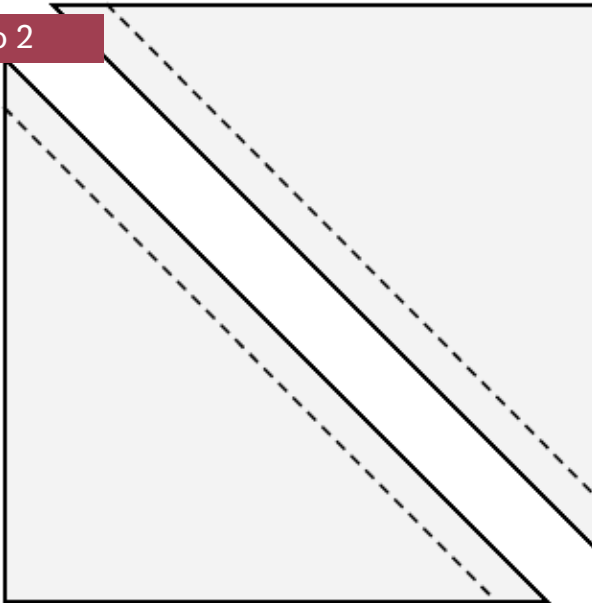


Photo 2



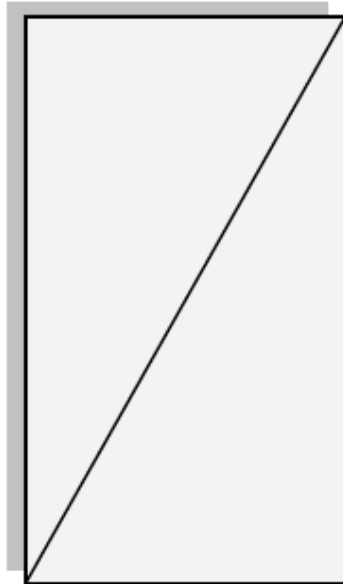
1. Assemble A and C HSTs.
  - Pair for A, (2) 3" x 3" squares, Fabrics 1 + 2, right sides together.
  - Pair for C, (2) 4" x 4" squares, Fabrics 1 + 2, right sides together.
2. With a temporary marking tool, mark diagonally from corner to corner.
3. Stitch 1/4" on either side of marked diagonal line (Photo 1).
4. Cut on marked line (Photo 2). Press open.
5. Trim HSTs.
  - For A, trim both HSTs to 2.5" x 2.5".
  - For C, trim both HSTs to 3.5" x 3.5".





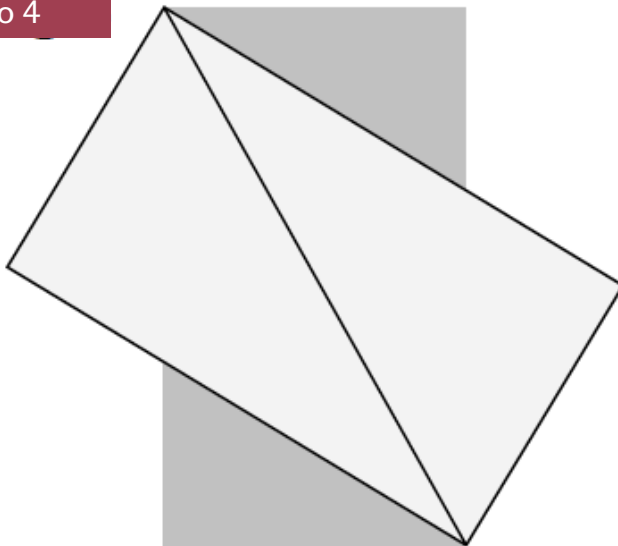
# Instructions

Photo 3



*back side*

Photo 4

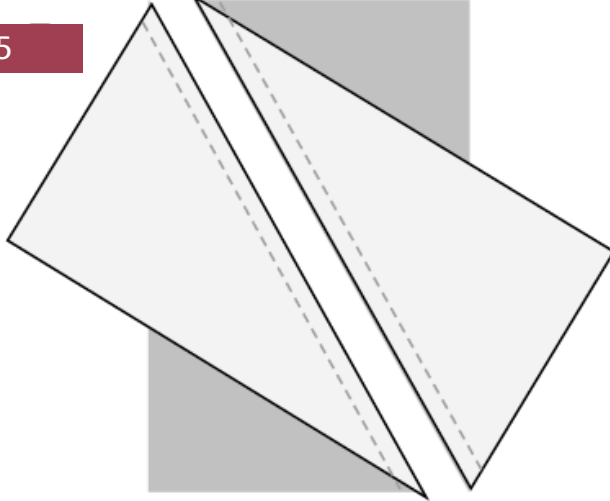


6. Assemble B and F LEFT HRTs.
  - Pair for B, (2) 3.5" x 4.5" rectangles, Fabrics 1 + 2.
  - Pair for F, (2) 4.5" x 5.5" rectangles, Fabrics 1 + 2.
7. With temporary marking tool, draw diagonal line.
  - Arrange rectangle pair in a vertical orientation, long side going up and down.
  - Place Fabric 1 on bottom and Fabric 2 on top, right sides together.
  - Draw line from BOTTOM Left corner to TOP Right corner (Photo 3).
8. Rotate top piece 1/4 turn counterclockwise aligning corners (Photo 4).



# Instructions

Photo 5

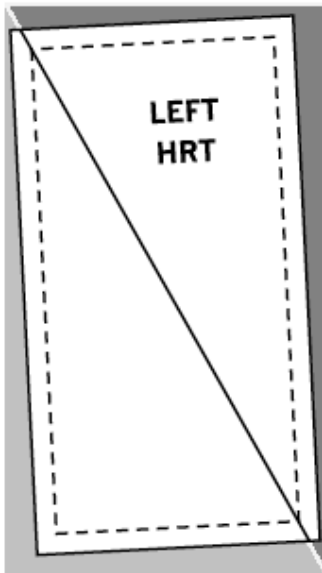


9. Stitch 1/4" on either side of marked diagonal line. Cut on marked line (Photo 5). Press open.

10. Trim using LEFT HRT templates (Photo 6).

- For B, trim both HRTs to Template B, 2.5" x 3.5"
- For F, trim one HRT to Template F, 3.5" x 4.5" Discard extra F HRT.

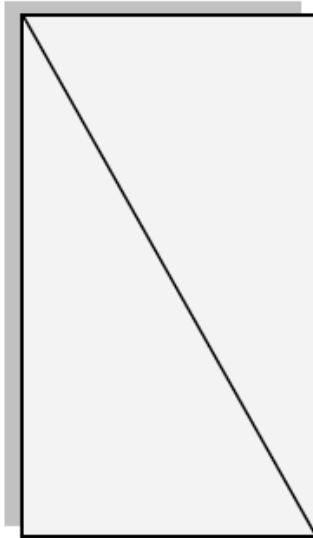
Photo 6





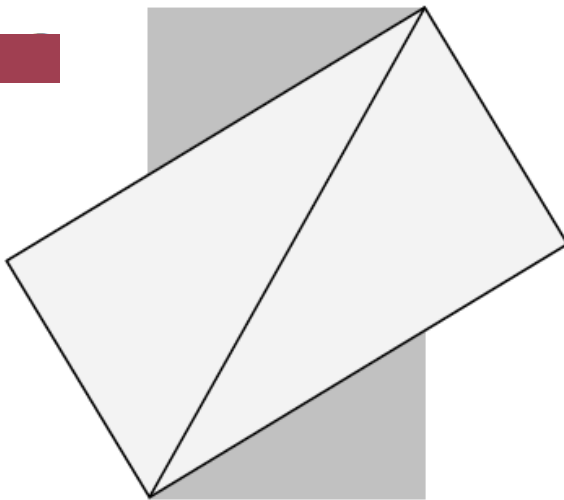
# Instructions

Photo 7



*back side*

Photo 8

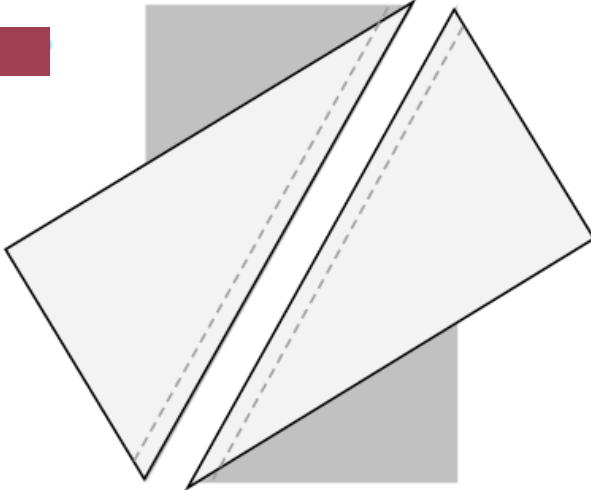


11. Assemble D and E RIGHT HRTs.
  - Pair for D, (2) 4.5" x 5.5" rectangles, Fabrics 1 + 2.
  - Pair for E, (2) 3.5" x 4.5" rectangles, Fabrics 1 + 2.
12. With temporary marking tool, draw diagonal line.
  - Arrange rectangle pair in a vertical orientation, long side going up and down.
  - Place Fabric 1 on bottom and Fabric 2 on top, right sides together.
  - Draw line from BOTTOM Right corner to TOP Left corner (Photo 7).
13. Rotate top piece 1/4 turn clockwise aligning corners (Photo 8).



# Instructions

Photo 9

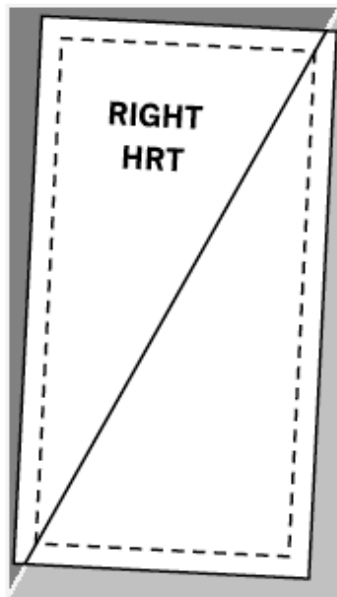


14. Stitch 1/4" on either side of marked diagonal line. Cut on marked line (Photo 9). Press open.

15. Trim using RIGHT HRT templates (Photo 10).

- For D, trim both HRTs to template D, 3.5" x 4.5"
- For E, trim both HRTs to template E, 2.5" x 3.5"

Photo 10

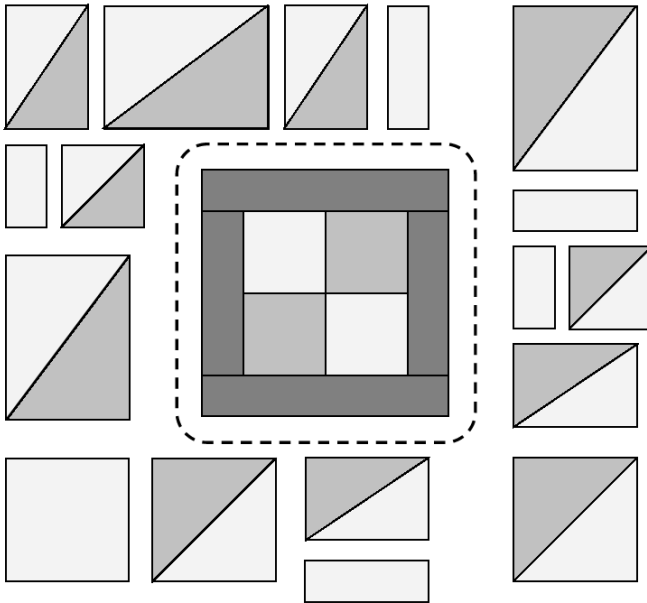






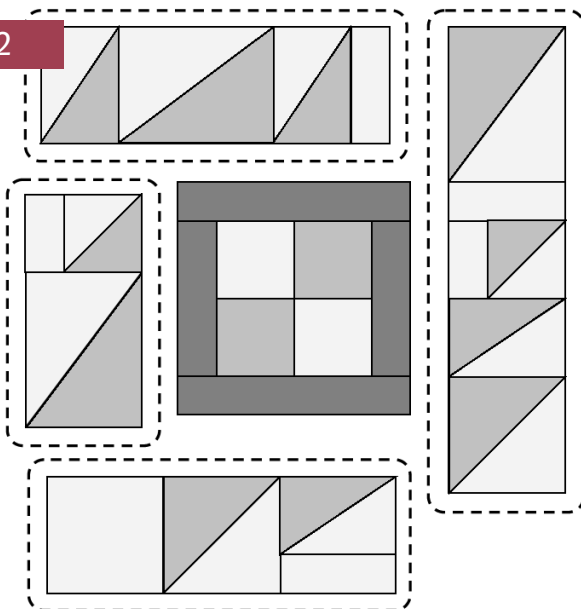
# Instructions

Photo 11



16. Arrange HSTs, HRTs, squares, and rectangles according to the Block Diagram on Page 4.
17. Assemble center 4-patch, L pieces. Press open.
18. Attach frame K pieces to left and right sides of center 4-patch. Press open.
19. Attach frame J pieces to top and bottom of [K+L] pieces (Photo 11). Press open.
20. Assemble HRTs + HSTs + Rectangles in groups for left side, top side, right side, and bottom side (Photo 12). Press open.

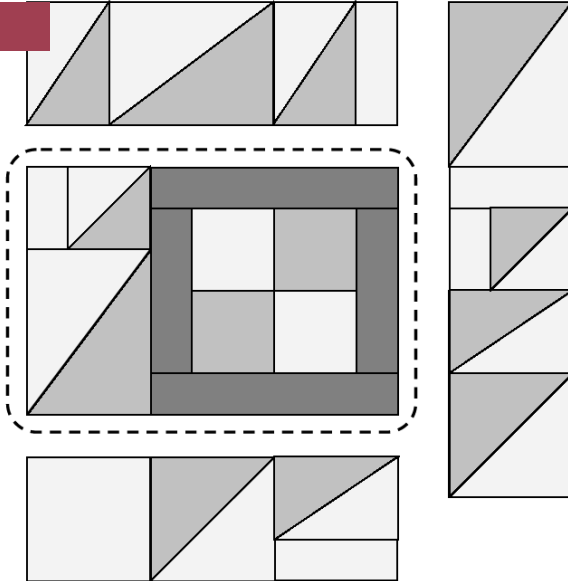
Photo 12





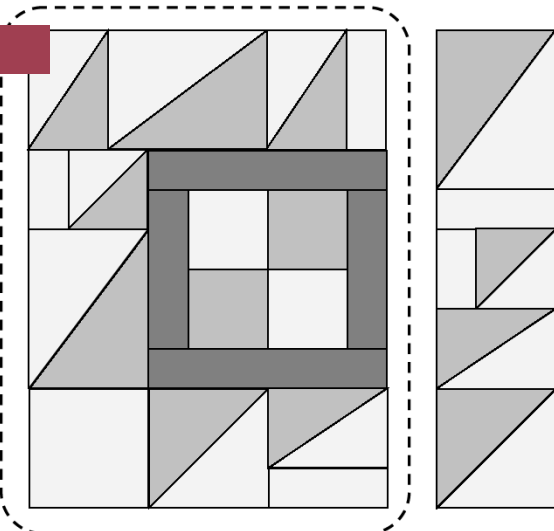
# Instructions

Photo 13



21. Attach left side grouping to center grouping (Photo 13). Press open.
22. Attach top side grouping and bottom side grouping to [left + center] grouping (Photo 14). Press open.
23. Attach right side grouping to [left + center + top + bottom] grouping, completing top assembly. Press open.
24. Layer the quilt backing, batting, and pieced quilt top. Baste.

Photo 14



25. With a temporary marking tool mark a rectangular grid as indicated on the Quilting Diagram on page 16; 3/4" for vertical lines, 1-1/2" for horizontal lines.
  - Begin marking vertical grid lines 3/8" to the right of the 4-patch center vertical seam. Continue marking vertical lines 3/4" apart.
  - Begin marking horizontal grid lines 3/4" above the 4-patch middle horizontal seam. Continue marking horizontal lines 1-1/2" apart
26. Thread the sewing machine with 50 wt thread. Load the bobbin with the same thread.
  - Sample uses Sulky Cotton + Steel, 50 wt, 100% Cotton, color 753 1552.



# Instructions

27. Starting from the middle working out, machine quilt the horizontal lines as marked. Counting from the top, reserve lines 6-8 for hand quilting.
28. Starting from the center working out, machine quilt the vertical lines as marked. Counting from the left, reserve lines 12-15 for hand quilting.
29. Thread embroidery needle with hand quilting thread, 18"-20" long. Tie knot at end of thread.
  - Sample uses Presencia Finca, Perle Cotton, size 8, color 0007.
30. Begin hand quilting by inserting needle approximately 1/8" inside the edge of the quilt at marked line, within the seam allowance. Penetrate all 3 layers.
31. Rocking needle and manipulating quilted sandwich, bring needle back up through quilt top approximately 3/8" from initial insertion point. Pull knot flush to quilt top.
32. Continue quilting across quilt using marked line as a guide for stitches.
  - Rocking needle and manipulating quilted sandwich, penetrating all 3 layers, load 2-3 stitches approximately 3/8" in length, pull needle and thread taut. Repeat across quilt.
  - Within the seam allowance, approximately 1/8" from edge of quilt, secure end of thread with a quilter's knot flush with the quilt top. Trim excess length of thread.
33. Repeat 29-32 for remaining hand quilting lines.

Finished?  
Fantastic!

Share your finished block by using the hashtag #quiltfortpatterns



# Quilting Diagram

